

Garlicky Sweet Baby Broccoli

Preparation time: Approximately 15 minutes / Serves 4



INGREDIENTS

- 1/3 cup water
- 1/2 teaspoon salt
- 2 bunches **FOXY Sweet Baby Broccoli**
(about 1 pound), trimmed
- 2 tablespoons olive oil
- 2 cloves garlic, minced
- 1/8 teaspoon red pepper flakes
- 2 tablespoons grated Parmesan cheese

PREPARATION

Steam Sweet Baby Broccoli- Bring water and salt to boil in large skillet. Add Sweet Baby Broccoli and cook over medium-low heat, covered, until bright green and tender (about 5 minutes). Remove lid and cook until liquid evaporates (about 30 seconds).

Add Seasonings- Stir in oil, garlic, and pepper flakes and cook until fragrant (about 30 seconds). Transfer to platter and sprinkle with Parmesan. Serve.